#### ARENA ELEMENTARY SCHOOL

September 2024

## THE BEACON

20 SCHOOL STREET/PO BOX 45, POINT ARENA, CA 95468 TEL: 707 882-2131

### Back to School Forms

It is of areat importance that we receive all of the Back-to-School forms for each of our students. This helps the office update our student data, the Parent Portal, and ParentSquare Communication.

Please make sure that the forms are filled out and returned as soon as possible.

The forms include: Emergency & Health Information, Photo Release, Walking Field Trip, Technology/Internet Agreement, Alternative Income application for meals, Parent/Student Acknowledge Signature pages, and the afterschool program application.

If you have any questions, please do not hesitate to call us at 882-2131. We are happy to help.

### New Faces on Campus

Introductions are in order! Please welcome our new staff members to our campus;

Ms. Claudia Struble/Transitional Kindergarten Teacher

Mrs. Wendy Quenzer/Primary Special Education Mrs. Danette Krueger/Grade 4 Teacher Mr. Salvador Martinez/Grades 6, 7 & 8 English

Language Arts

Ms.Laurel Prieto/Middle School & Primary Art Teacher

Come by and make your introductions!

### Yearbooks On Sale! Two Options to Buy

We are currently making our 2024/2025 Arena Elementary yearbook.

Students and families have two options to order school yearbooks: Cash or Check at the front office OR buy online with credit/debit card. To order online go to the Entourage Yearbook link below:

https://link.entouragevearbooks.com/YBStore/YearbookStor eMain.asp?yearbook id=57845

Early Bird price until November 22, 2024

\$25.00

November 23, 2024 through February 14, 2025

- \$30.00 Online purchase
- \$30.00 with student ID (in office only)
- \$35.00 without a Student ID Card (in office only)

February 16- May 24, 2025

\$35.00 and no other discount will apply.



### SAVE THE DATE!

October 18<sup>th</sup> Week

Picture Make up Day October 21st-25th Parent Conference



### Principal's Letter

Dear Parents, Guardians and Students:

9/3/24

September is upon us and we are already off a strong start to the school year. Students showed up ready to learn and once again the sound of laughter and joy filled the hallways and playgrounds. Friends are reuniting, new relationships are being built, school expectations are being practiced, and learning is happening everywhere on this campus. We are all working on being safe, respectful and responsible.

The classrooms are a buzz with learning, students are gaining new knowledge and sharing with each other their ideas and experiences. It is so inspiring to see them supporting one another and working very hard. They are re-discovering the joys of being back on campus.

Thank you to all of the parents who attended our Back-to-School Night on August 19th. I liked the fact that you all had a chance to visit the classrooms and meet the teachers before the start of school. It made the first day back seem less stressful as many parents and students knew where to go and what to expect. With that being said, we welcome parent volunteers in the classrooms. If you are interested, please visit us at the office and we will provide you with the information on how you may accomplish that.

As the site administrator, I am proud of each and every one of the Arena Elementary staff members who work tirelessly to provide your child with knowledge and life skills. They help your child succeed by setting high expectations, establishing routines, developing and encouraging independence while teaching them to work together to promote teamwork, creativity and innovation.

Lastly, I would like to welcome our new staff members: Ms. Claudia Struble/TK-K, Mrs. Danette Krueger /4th grade, Ms. Laurel Prieto/Art, Mr. Salvador Martinez Berg/Middle School ELA, Kalila Feineman/Middle School Science, Mrs. Wendy Quenzer/Special Education, and returning to us, Ms. Dana Ashton/3rd grade, and Ms. Sue Bohlin/Primary Music. Let's have a successful year!!!!

Take care of yourselves, be kind, be patient and stay healthy.

Michelle Egger Principal Arena Elementary



# Connection Activities with Ruby Binnings Highs and Lows

The goal of this activity is to help you and your child engage in a conversation about their day. Some parents find that when they ask their child how their day was (say, after school), they get simple, short, one-word answers. Framing your question by asking your child to identify both a positive and negative aspect of their day opens the conversation up and can yield a more fruitful dialogue.

- 1. Start by asking your child to share a high point of their day. If they're stuck, give them suggestions, such as:
  - A moment they felt excited.
  - A moment they accomplished something they were struggling with. A delicious food they really enjoyed.
- 2. After your child shares their high point, reflect back what you heard them saying by noticing how that must have felt for them, such as: It must have been so exciting to play chase in gym class today!
- 3. Next, ask your child to share a low point of their day. If they're stuck, give them suggestions, such as:
  - A moment they felt overwhelmed by a task.
  - A moment they felt out of control.
  - A moment their feelings were hurt.
- 4. After your child shares their low, reflect back what you hear them saying by noticing how that might have felt for them, such as: It must have been hard to understand when your friend decided to pick someone else as their partner instead of you.

This is a perfect activity to play in the car on the way home from school. Another great time to engage your child in this type of connection is right before bed, as a way to reflect on the day.

## Student of the Week Recognition

These students were recognized for showing great respect, responsibility, and safety at school during the months of August 2024. Congratulations

Student of the Week Recognition: Elias Mora, Larissa Coria, Ario McGill, Juan Tapia Lopez, Jossue Banales, Dakota Brosseau, Jocelyn Romero, Kaylee Cobarrubia, Michael Avila, Kimimela Laiwa, Alex Fuentes Aguirre, and Jimena Santillan.

### Order Free COVID-19 Tests

<u>COVIDtests.gov</u> will re-open at the end of September. Households across the country can order four additional over-the-counter COVID-19 tests for free.

These tests will detect the <u>currently circulating</u> <u>COVID-19 variants</u> and are intended for use through the end of 2024.

You can also find instructions on how to verify <u>extended expiration dates</u> for any tests you may already have. To order four free, over-the-counter COVID-19 tests, visit <u>COVIDtests.gov</u>.

## Join ParentSquare School to Home Communication

Dear Families,

ParentSquare is designed to keep parents informed, encourage greater engagement, and connection with Arena Elementary School. This is a secure way to send and receive school and class information, share pictures and files, see calendar items, sign up to volunteer, and much more . . . all in one centralized place!

It is important that your personal email address, and cellphone number are up to date at school. To help us keep such important contacts updated, the Student Emergency Information form must be returned to the school office each school year.

If the school has your current information, it is entered into Aeries Communication powered by ParentSquare, and the school is able to send an invite to join ParentSquare. The invite will be sent to your email or text to your cellphone on how to connect to ParentSquare.

You may visit parentsquare.com for a parent tutorial and discover how ParentSquare links communicates between parents, your child's teacher, and our school.

### Download the ParentSquare mobile app today!

Send and receive school communications on the go. Stay involved with your student's learning and activities at school. From anywhere.







### SEPTEMBER LUNCH MENU

Lunch includes: 8oz fluid 1% or Nonfat MILK

2	3	4	5	6
HOLIDAY LABOR DAY	CORN DOG TATOR TOTS Mixed Veggies APPLE SLICES	BEAN BURRTIO SPANISH RICE VEGGIE STICKS BANNANA	TURKEY SANDWICH & CHIPS Carrot sticks Fruit salad	PIZZA BREAD Chips GARDEN SALAD APPLE SLICES COOKIE
9	10	11	12	13
HAM & CHEESE SANDWICH Chips Veggie sticks Ranch dip APPLE	MAC & CHEESE W/Wheat roll VEGGIE STICKS FRUIT CUP	CHICKEN NUGGETS TATOR TOTS COLE SLAW ORANGE SLICES	SALAMI SANDWICH CHIPS VEGGIE STICKS MELON SLICES	PIRATE'S PIZZA CEASAR SALAD FRUIT SALAD TRAIL MIX
16	17	18	19	20
HOT DOGS FRENCH FRIES COLESLAW APPLE SLICES	CHICKEN PASTA ALFREDO Garlic bread Carrot sticks FRUIT SALAD	PEANUT BUTTER & JELLY SANWICH CHIPS CELERY STICKS FRESH FRUIT	CHICKEN SANDWICH Lettuce & tomato CHIPS 3-bean salad ORANGE SLICES	PIZZA STICKS MARINARA DIP CEASAR SALAD APPLE SLICES
23	24	25	26	27
CHICKEN NUGGS FRENCH FRIES MIXED VEGGIE FRESH FRUIT	SPAGGETTI & meatballs Green beans Ww roll Confetti salad ORANGE SLICES	CHICKEN SANDWICH Lettuce & Toms Chips Watermelon Corn salad	HOT DOG & FRENCH FRIES CARROTS STICKS & DIP ORANGE SLICES	HOT POCKETS CHIPS GARDEN SALAD FRECH FRUIT
30	OCT 1	OCT 2	OCT 3	ALL MEALS SERVED
HAM & CHEESE SANDWICH Kettle chips CARROTTS FRESH FRUIT	BUTTER & GARLIC EGG NOODLES ROLLS GARDEN SALAD ORANGE SLICES	HAMBURGER FRENCH FRIES CARROTT STICKS CEASAR SALAD FRUIT CUP	TAQUITOS REFRIED BEANS TORTIA CHIPS CEASER SALAD APPLE SLICES	WITH FRESH FRUIT & AND 1% OR NO FAT MILK

"ALL MEALS MEET USDA CHILD NUTRITION STANDARDS"

IN ACCORDANCE WITH FEDERAL LAW AND US DEPT OF AGRICULTURE POLICY, THIS INSTITION IS PROBITED FROM DISCRIMINATING ON BASIS OF RACE, COLOR, NATIONAL ORIGIN SEX, AGEOR DISABILTY.TO FILE A COMPLAINT WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, 1400INDPENDENCE AVE SW WASHINGTON, DC 20250 OR CALL 800795-3272 USDA IS AN EQYAL OPPORTUNITY PROVIDERAND EMPLOYER

### BACK TO SCHOOL WORD SEARCH

Ε Ι  $\subset$ A. Т Т Ε Ν А  $N \subset$ Ε В В D К R M 0 Н 0 0 G Ε 0 W Ε 0  $\subset$ А Ι Т S Ε R А Н Z U R F Ν  $\subset$ 0 N Ε Ε L Ε Ε Ν Ι Ν А Q А V К Ν S Ε Р Т Ε M В Ε R Υ Т L D R Ε Ε Ζ Υ F К 0 L S Ε Q Т Μ Т В 0  $\subset$  $\subset$ G Ε R Q 0 А Р А M S Ι Ν L А 0 Ν Ε Н F Ν В D L U Ε Ε  $\subset$ М F Т  $\subset$ 0 0 L R Ι Т Ρ S А M Ε Н S S U Ν  $\subset$ Н Ν 0 R В Р ٧ Ε 0 Ζ F R S Ι В 0 S A. Q В А Ε R 0 К S Ε Ν А К Ε R А Ν R Ε В L L  $\subset$ Н J Ε 0 Ν D Т × В F L  $\subset$ S L S ٧ Υ D U Т S Т К Ε 0 0 D D S S А Υ В S Т L M 0 0 R  $\subset$ R

Can you find all of the words hidden in the puzzle above? The words might be backwards, forwards, up, down, or written diagonally.

Look for our new teachers on campus too!

ACORN	APPLES	ATTENDANCE	BACK TO SCHOOL
BE ON TIME	BOOKS	BUS	CLASSROOM
COOL	FALL	FOOTBALL	FRIENDS
GRADE	HARVEST	HEALTH	HOMEWORK
ICE	LABOR DAY	LEARNING	LEAVES
LUNCH	NINE ELEVEN	RECESS	REMEMBRANCE
RESPECT	SEPTEMBER	SPORTS	STUDY