

**American Rescue Plan Act
Elementary and Secondary School Relief Fund (ESSER III)
Safe Return to In-Person Instruction
Local Educational Agency Plan Template**

Background on ESSER

The American Rescue Plan Act (ARP) signed into law on March 11, 2021, provided nearly \$122 billion for the Elementary and Secondary School Relief Fund (ESSER). ARP ESSER, also known as ESSER III, funds are provided to State educational agencies in the same proportion as each State received under Title I-A of the Elementary and Secondary Education Act (ESEA) in fiscal year (FY) 2020. The U.S. Department of Education (ED) published Interim Final Requirements (IFR) on April 22, 2021 requiring Local Educational Agencies (LEAs) receiving ESSER III funds to submit an LEA Plan for the Safe Return to In-Person Instruction and Continuity of Services. If an LEA had already developed a plan for safe return to in-person instruction and continuity of services prior to the enactment of ARP that meets the statutory requirements of section 2001(i) but did not address all of the requirements in the IFR, the LEA must revise and post its plan no later than six months after receiving its ESSER III funds. This applies even if an LEA has been operating full-time in-person instruction but does not apply to fully virtual schools and LEAs.

The IFR and ARP statute, along with other helpful resources, are located here:

- April 2021 IFR: <https://www.govinfo.gov/content/pkg/FR-2021-04-22/pdf/2021-08359.pdf>
- ARP Act text: <https://www.congress.gov/117/bills/hr1319/BILLS-117hr1319enr.pdf>
- Centers for Disease Control and Prevention (CDC) COVID-19 School Operation Guidance: https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/operation-strategy.html#anchor_1616080023247
- ED COVID-19 Handbook Volume I: <https://www2.ed.gov/documents/coronavirus/reopening.pdf>
- ED COVID-19 Handbook Volume II: <https://www2.ed.gov/documents/coronavirus/reopening-2.pdf>
- ESEA Evidence-Based Guidance: <https://oese.ed.gov/files/2020/07/guidanceeuseseseinvestment.pdf>
- ED FAQs for ESSER and Governor's Emergency Education Relief (GEER): https://oese.ed.gov/files/2021/05/ESSER.GEER_FAQs_5.26.21_745AM_FINAL_b0cd6833f6f46e03ba2d97d30aff953260028045f9ef3b18ea602db4b32b1d99.pdf

Purpose of the Template

The IFR issued by ED outlines several requirements for all LEAs that receive ESSER III funds, including that LEAs have in place a plan for ensuring safety during in-person instruction (either in-progress or planned) as well as ensuring continuity of services should the LEA or one or more of its schools be required to close temporarily for COVID-19-related public health reasons in the future. LEAs who had a plan in place by March 11, 2021, which incorporated opportunity for public comment and was posted publicly have six months from the date their ESSER III Assurances were completed to update and revise the plans to meet those requirements. Examples of previous plans that may be allowable would be a completed Cal/OSHA or Assembly Bill 86 plan, as long as it meets the requirements previously stated. LEAs which did not have a statutorily compliant plan in place as of March 11, 2021, must create and post this plan within 30 days of completing their ESSER III Assurances. If you have questions as to which category applies to your LEA, please contact EmergencyServices@cde.ca.gov. Plans are required for all LEAs, regardless of operating status, unless an LEA is fully virtual with no physical location. All plans must be reviewed, and, as appropriate, revised, at least every six months to incorporate new or revised CDC guidance and other changed factors.

This template has been created to assist LEAs in the creation of these plans and to ensure all required elements are met. The following requirements and assurances pertain to both the statutory requirements and the IFR published by ED. LEAs may provide any additional information they believe are helpful in assessing their plan. If you have any questions, please contact EmergencyServices@cde.ca.gov.

LEA Plan for Safe Return to In-Person Instruction and Continuity of Services

LEA Name:

Option for ensuring safe in-person instruction and continuity of services:

has developed a plan

will amend its plan

1. Please choose one:

The LEA had a plan, as of March 11, 2021, that is already compliant with the ARP statute and will review and, as appropriate, revise it every six months to take into consideration the additional requirements of the IFR; or

NOTE: If your LEA already has a compliant plan as of March 11, 2021, and has assured such by checking the box above, then you may skip questions 2-4 and complete the Assurance and Contact sections.

The LEA has amended/created a plan compliant with the IFR using this template and has posted/will post it within 30 days of completing the ESSER III Assurances.

NOTE: If checking the box above that you are using this template to meet the 30 day plan requirements, you must respond to each question in the template.

Please note whether the LEA has a compliant plan and include a link to the plan, or acknowledge that the LEA is submitting a new plan and will post it within 30 days of receiving funds.

2. The LEA will maintain the health and safety of students, educators, and other school and LEA staff, and the extent to which it has adopted policies, and a description of any such policies, on each of the CDC's safety recommendations, including: universal and correct wearing of masks; modifying facilities to allow for physical distancing; handwashing and respiratory etiquette; cleaning and maintaining healthy facilities, including improving ventilation; contact tracing in combination with isolation and quarantine, in collaboration with the State, local, territorial, or Tribal health departments; diagnostic and screening testing; efforts to provide vaccinations to school communities; appropriate accommodations for children with disabilities with respect to health and safety policies; and coordination with State and local health officials.

Describe how the LEA will maintain, or continue to maintain, health and safety policies and procedures. Include a description of any adopted policies and procedures regarding the CDC's safety recommendations (or available LEA website links to such policies). Include descriptions of appropriate accommodations adopted and coordination efforts conducted with outside State and local health officials. Please include or describe current public health conditions, applicable State and local rules and restrictions, and other contemporaneous information that informs your decision-making process.

3. The LEA will ensure continuity of services, including but not limited to services to address students' academic needs and students' and staff social, emotional, mental health and other needs, which may include student health and food services.

Describe how the LEA will ensure continuity of services in case isolation, quarantine, or future school closures are required, including how the LEA will meet the needs of students with disabilities and English learners.

4. The LEA sought public comments in the development of its plan and took those comments into account in the development of its plan.

Describe the LEA's policy or practice that provided the public with an opportunity to provide comments and feedback and the collection process. Describe how any feedback was incorporated into the development of the plan.

In addition, the LEA provides the following assurances:

The LEA has made (in the case of statutorily compliant plans) or will make (in the case of new plans) its plan publicly available no later than 30 days after receiving its ARP ESSER allocation.

- Please insert link to the plan:

The LEA sought public comment in the development of its plan and took those public comments into account in the development of its plan.

The LEA will periodically review and, as appropriate revise its plan, at least every six months.

The LEA will seek public comment in determining whether to revise its plan and, if it determines revisions are necessary, on the revisions it makes to the plan.

- If the LEA revises its plan, it will ensure its revised plan addresses each of the aspects of safety currently recommended by the Centers for Disease Control (CDC), or if the CDC has revised its guidance, the updated safety recommendations at the time the LEA is revising its plan.
- The LEA has created its plan in an understandable and uniform format.
- The LEA's plan is, to the extent practicable, written in a language that parents can understand, or if not practicable, orally translated.
- The LEA will, upon request by a parent who is an individual with a disability, provide the plan in an alternative format accessible to that parent.

The following person or persons is/are the appropriate contact person for any questions or concerns about the aforementioned plan.

Please list name(s), title(s), address, county, and contact information for the person or persons responsible for developing, submitting, and amending the LEA plan.

Point Arena Schools District COVID-19 Safety Plan (updated 3/23/2023)

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I. Introduction

The PASD COVID-19 Safety Plan address the Cal/OSHA COVID-19 Prevention Program requirements. The sections that reference Cal/OSHA requirements are denoted by “Cal/OSHA”.

The foundational principle of this plan is that all students must have access to safe and full in-person instruction and to as much instructional time as possible.

This COVID-19 Safety Plan is in line with the CDPH guidance and Cal/OSHA.

General Guidelines in Working with COVID-19

COVID-19 is mostly spready by respiratory droplets released when people talk, cough, or sneeze. It is less likely that the virus may spread to hands from a contaminated surface and then to the nose, eyes, or mouth, causing infection. Therefore, personal prevention practices (such as handwashing, staying home when sick, and environmental cleaning and disinfection are important principles that are covered in this document.

Supplies for school sites and classrooms to maintain an environment that is as safe as possible and mitigates various risks of transmission. (Cal/OSHA)

1. Face masks
2. Cleaning supplies which include: soap, hand sanitizer, paper towels, tissues, disinfectant wipes, and various custodial cleaning products.

II. Strategies to Prevent the Spread of COVID-19

1. Face Coverings, Personal Protective Equipment & Supplies (Cal/OSHA)

Unless otherwise directed by the local health departments or Point Arena Schools District, staff should follow CDPH masking guidance for the general public, as well as masking guidance for specific situations such as when having symptoms, being infected, or exposed. The District will communicate changes in local or CDPH guidance on masks.

The District will provide schools with a supply of face coverings for students and staff who request them.

The District will provide adequate cleaning supplies which include: soap, hand sanitizer, paper towels, tissues, disinfectant wipes, and various custodial cleaning products.

2. Optimizing Indoor Air Quality (Cal/OSHA)

The risk of getting COVID-19 is greater in indoor settings with poor air quality. Effective ventilation and filtration can curb the spread of COVID-19 and other infectious diseases. It may also protect students and staff from exposure to wildfire smoke and other airborne allergens and pollutants.

Outdoor activities, including snacks/meals, active exercise, and instruction, will be encouraged. Students should come prepared for increased outdoor activities. They should wear layers of clothing or bring additional clothing.

Ventilation systems are continually monitored for proper operation. All heating and ventilation filters are replaced on a scheduled replacement cycle. The district uses filters. When practicable, classroom and office ventilation are to have windows and doors open to allow airflow to provide as much fresh air as possible. All classrooms and work areas serving more than one individual have been equipped with low-noise HEPA air filters with a large enough capacity and flow rate for the square footage of the room.

3. Maintaining Clean Hands (Cal/OSHA)

Hand hygiene can prevent the spread of infectious diseases, including COVID-19.

Schools will teach and reinforce proper handwashing to lower the risk of spreading viruses, including the virus that caused COVID-19.

Schools should ensure adequate supplies to support hand hygiene behaviors, including soap, tissues, no touch trash cans, and hand sanitizers.

Schools should teach and reinforce covering coughs and sneezes to help keep individuals from getting and spreading infectious diseases, including COVID-19.

4. Getting Tested for COVID-19

Testing remains a key mitigation layer to detect and curb transmission of COVID-19. Schools are encourage to ensure access to COVID-10 testing for students and staff.. Antigen testes are a primary option for detecting COVID-19.

Due to increased travel and social interactions that often occur during school breaks, it is recommended that students and staff test for COVID-19 prior to returning to school following major breaks (e.g., summer, winter, spring).

5. Staying Up to Date on Vaccinations

Vaccinations prevent illness by working with the body's natural defenses to help safely develop immunity to disease. Not only do vaccinations provide individual-level protection, but high vaccination coverage reduces the burden of disease in schools and communities and may help protect individuals who are not vaccinated or those who may not develop a strong immune response from vaccination.

California strongly recommends that all eligible individuals get vaccinated against COVID-19 and remain up-to-date to protect oneself and reduce transmission of the virus.

6. Checking for Signs, Symptoms, and Exposures (Cal/OSHA)

Staying home when appropriate.

Staying home when sick, can lower the risk of spreading infectious diseases, including COVID-19, to other people.

In most situations, any student who develops, new unexplained symptoms should not return to campus until it is clear that symptoms are mild and improving or are due to a non-infectious cause (e.g., allergies). This includes waiting until 24 hours have passed since resolution of fever without the use of fever-reducing medications.

Additionally, if symptoms are concerning for COVID-19, it is strongly recommended that students wear a mask and get tested. Students should also follow CDPH recommendations for retesting an/or isolating if results are positive.

Students/staff will continue to notify the District and/or school site when they need to stay home.

- For staff members, please contact the Human Resources Department if you need to stay home due to a COVID-19 exposure, are experiencing COVID-19 symptoms, or have been diagnosed with COVID-19.

7. Managing Students Exposed to COVID-19

Families will notify schools if their child has COVID-19 and was on school grounds during their infectious period.

Schools will provide general notification to the entire school community during times of elevated community transmission of COVID-19. This communication will alert all of the increased potential of being exposed to COVID-19 due to a rise in cases among school and community members, and remind all to monitor for symptoms and get tested.

All students with known exposure to persons with COVID-19 should follow CDPH recommendations. If they remain without symptoms, students may continue to take part in all aspects of K-12 schooling, including sports and extracurricular activities.

8. Reporting COVID-19 to Public Health

Notifying local health authorities of the disease burden in schools can help gain additional resources to manage illness and contain transmission outbreaks.

Schools will report to Mendocino County Public Health of escalating COVID-19 situation/outbreaks.

9. Managing COVID-19 Outbreaks

Broad disruptions to in-person learning, such as temporary school or classroom closures, due to COVID-19 should remain a last resort and considered only after all available resources have been exhausted and only after conferring with local health officials.

10. Staff Training (Cal/OSHA)

All staff received COVID-19 safety training at the beginning of the 22-23 school year or upon hiring.

11. Maintain Healthy Operations (Cal/OSHA)

COVID safety concerns should be directed to the site principal or appropriate administrator who will ensure that all possible exposures to COVID-19 are documented and tracked in order to notify local health officials, staff, and families in a prompt and responsible manner.

Employees should report COVID-19 related concerns to their supervisor without fear of reprisal. Responsibility and authority for implementing this plan: Warren Galletti, Superintendent and Human Resources (Cal/OSHA)

In general, routine cleaning is enough to sufficiently remove the virus that causes COVID-19 from surfaces. If disinfectants are used, use asthma-safer products.

12. Confirmed COVID-19 Case (Cal/OSHA)

Parents are asked to notify the school site office if their student tests positive for COVID-19. Staff members who become aware of a student who has tested positive for COVID-19 are to contact their school site office immediately. Each

site will appoint a person to work as the COVID-19 Liaison with Public Health and the District.

Staff members who test positive for COVID-19 are to contact the Human Resource Department and site administrator immediately.

13. School Events and Activities

School dances, large assemblies, and other school-based crowded events, all have the potential to cause substantial spread of COVID-19 within and beyond the school community. Therefore, schools are encouraged to:

- Host such events outdoors whenever possible.
- Recommend mask wearing at all crowded events.

III. Reference Document Links

California Department of Public Health School Guidance

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2022-23-School-Year.aspx>

CA Safe Schools for all Hub

<https://schools.covid19.ca.gov/>

CAL/OSHA

<https://www.dir.ca.gov/dosh/coronavirus/>

Mendocino County Public Health Order Page

<https://www.mendocinocounty.org/community/novel-coronavirus/health-order>

Table 1: Persons Who Should Isolate

Persons Who Test Positive for COVID-19	Recommended Actions
<p>Everyone, regardless of vaccination status, previous infection, or lack of symptoms.</p> <p>Persons in healthcare settings** should follow recommendations and requirements as listed below.</p>	<p>Stay home (PDF) for at least 5 days after start of symptoms (Day 0) or after date of first positive test (Day 0) if no symptoms).</p> <ul style="list-style-type: none">• Isolation can end after Day 5 if:<ul style="list-style-type: none">○ Symptoms are not present, or are mild and improving; AND○ You are fever-free for 24 hours (without the use of fever-reducing medication).• If fever is present, isolation should be continued until 24 hours after fever resolves.• If symptoms, other than fever, are not improving, continue to isolate until symptoms are improving or until after Day 10.• If the confirmed case has severe symptoms, or is at high risk of serious disease or has questions concerning care, they should contact their healthcare provider for available treatments.• Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.*• After you have ended isolation, if your symptoms recur or worsen, get tested again and if positive, restart isolation at Day 0.

*After ending isolation (no fever without the use of fever-reducing medications and symptoms are improving), confirmed cases may remove their mask sooner than Day 10 if they have two sequential negative tests at least one day apart. If antigen test results are positive, the person may still be infectious and should continue wearing a mask and wait at least one day before taking another test.

Table 2: Close Contacts – (No Quarantine)

Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)	Recommended Actions
<p>Everyone, regardless of vaccination status.</p> <p>Persons infected within the prior 30 days do not need to be tested, quarantined, or excluded from work unless symptoms develop.</p> <p>Persons in healthcare settings* should follow recommendations and requirements as listed below.</p>	<ul style="list-style-type: none"> • Test within 3-5 days after last exposure • Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (see masking section below for additional information). • Strongly encouraged to get vaccinated or boosted. • If symptoms develop, test, and stay home (see earlier section on symptomatic persons), AND • If test result is positive, follow isolation recommendations above (Table 1).

In some workplaces, employers are subject to the [Cal/OSHA Aerosol Transmissible Diseases \(ATD\) Standard](#) and should consult those regulations for additional applicable requirements.

Distrito escolar de Point Arena COVID-19 Plan de seguridad (actualizado el 23/3/2023)

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I. Introducción

El Plan de Seguridad COVID-19 de PASD aborda los requisitos del Programa de Prevención COVID-19 de Cal/OSHA. Las secciones que hacen referencia a los requisitos de Cal/OSHA se indican con "Cal/OSHA".

El principio fundamental de este plan es que todos los alumnos deben tener acceso a una enseñanza presencial segura y completa y a la mayor cantidad de tiempo lectivo posible.

Este Plan de Seguridad COVID-19 está en línea con la orientación CDPH y Cal/OSHA.

Directrices generales para trabajar con COVID-19

El COVID-19 se contagia principalmente a través de las gotitas respiratorias que se liberan al hablar, toser o estornudar. Es menos probable que el virus se propague a las manos desde una superficie contaminada y luego a la nariz, los ojos o la boca, causando la infección. Por lo tanto, las prácticas personales de prevención (como lavarse las manos, quedarse en casa cuando se está enfermo, y la limpieza y desinfección del entorno) son principios importantes que se tratan en este documento.

Suministros para centros escolares y aulas con el fin de mantener un entorno lo más seguro posible y mitigar diversos riesgos de transmisión. (Cal/OSHA)

1. Mascarillas
2. Suministros de limpieza que incluyen: jabón, desinfectante de manos, toallas de papel, pañuelos desechables, toallitas desinfectantes y diversos productos de limpieza de custodia.

II. Estrategias para prevenir la propagación de COVID-19

1. Cubiertas faciales, equipos y suministros de protección personal (Cal/OSHA)

A menos que los departamentos de salud locales o el Distrito Escolar de Point Arena indiquen lo contrario, el personal debe seguir las pautas de enmascaramiento del CDPH para el público en general, así como las pautas de enmascaramiento para situaciones específicas, como cuando se tienen síntomas, se está infectado o expuesto. El Distrito comunicará los cambios en la orientación local o del CDPH sobre máscaras.

El Distrito proporcionará a las escuelas un suministro de protectores faciales para los alumnos y el personal que los soliciten.

El Distrito proporcionará suministros de limpieza adecuados que incluyen: jabón, desinfectante de manos, toallas de papel, pañuelos desechables, toallitas desinfectantes y diversos productos de limpieza de conserjería.

2. Optimización de la calidad del aire en interiores (Cal/OSHA)

El riesgo de contraer COVID-19 es mayor en ambientes interiores con aire de mala calidad. Una ventilación y filtración eficaces pueden frenar la propagación de COVID-19 y otras enfermedades infecciosas. También puede proteger a los estudiantes y al personal de la exposición al humo de los incendios forestales y a otros alérgenos y contaminantes del aire.

Se fomentarán las actividades al aire libre, incluyendo aperitivos/comidas, ejercicio activo e instrucción. Los alumnos deben venir preparados para el aumento de las actividades al aire libre. Deberán llevar varias capas de ropa o traer ropa adicional.

Los sistemas de ventilación se supervisan continuamente para comprobar su correcto funcionamiento. Todos los filtros de calefacción y ventilación se sustituyen según un ciclo de sustitución programado. El distrito utiliza filtros. Cuando sea factible, la ventilación de las aulas y oficinas deben tener las ventanas y puertas abiertas para permitir que el flujo de aire proporcione la mayor cantidad de aire fresco posible. Todas las aulas y áreas de trabajo que dan servicio a más de una persona han sido equipadas con filtros de aire HEPA de bajo ruido con una capacidad y un caudal lo suficientemente grandes para los metros cuadrados de la sala.

3. Mantener las manos limpias (Cal/OSHA)

La higiene de las manos puede prevenir la propagación de enfermedades infecciosas, incluida la COVID-19.

Las escuelas enseñarán y reforzarán el lavado de manos adecuado para reducir el riesgo de propagación de virus, incluido el que causó el COVID-19.

Las escuelas deben garantizar el suministro adecuado para apoyar los comportamientos de higiene de las manos, incluyendo jabón, pañuelos de papel, cubos de basura que no se toquen y desinfectantes para las manos.

Las escuelas deben enseñar y reforzar el hecho de cubrirse al toser y estornudar para evitar que las personas contraigan y propaguen enfermedades infecciosas, incluida la COVID-19.

4. Hacerse la prueba de COVID-19

Las pruebas siguen siendo un nivel de mitigación clave para detectar y frenar la transmisión de COVID-19. Se anima a los centros escolares a garantizar el acceso de los alumnos y el personal a las pruebas de detección de COVID-19. Las pruebas de antígenos son una opción primaria para detectar COVID-19.

Debido al aumento de los viajes y las interacciones sociales que suelen producirse durante las vacaciones escolares, se recomienda que los estudiantes y el personal realicen la prueba de COVID-19 antes de volver a la escuela tras las vacaciones importantes (por ejemplo, verano, invierno, primavera).

5. Vacunas al día

Las vacunas previenen las enfermedades colaborando con las defensas naturales del organismo para ayudar a desarrollar de forma segura la inmunidad frente a las enfermedades. Las vacunas no sólo proporcionan protección a nivel individual, sino que una elevada cobertura de vacunación reduce la carga de enfermedad en las escuelas y comunidades y puede ayudar a proteger a las personas que no están vacunadas o a aquellas que pueden no desarrollar una respuesta inmunitaria fuerte a partir de la vacunación.

California recomienda encarecidamente que todas las personas que cumplan los requisitos se vacunen contra el COVID-19 y se mantengan al día para protegerse y reducir la transmisión del virus.

6. Comprobación de signos, síntomas y exposiciones (Cal/OSHA)

Quedarse en casa cuando proceda.

Quedarse en casa cuando se está enfermo puede reducir el riesgo de contagio de enfermedades infecciosas, incluida la COVID-19, a otras personas.

En la mayoría de los casos, los alumnos que presenten nuevos síntomas inexplicables no deben regresar al campus hasta que esté claro que los síntomas son leves y están mejorando o se deben a una causa no infecciosa (por ejemplo, alergias). Esto incluye esperar hasta que hayan pasado 24 horas desde la resolución de la fiebre sin el uso de medicamentos antifebriles.

Además, si los síntomas son preocupantes para COVID-19, se recomienda encarecidamente que los estudiantes usen una máscara y se hagan la prueba. Los estudiantes también deben seguir las recomendaciones CDPH para volver a probar y / o aislamiento si los resultados son positivos.

Los estudiantes/personal continuarán notificando al Distrito y/o al centro escolar cuando necesiten quedarse en casa.

- Para los miembros del personal, póngase en contacto con el Departamento de Recursos Humanos si necesita quedarse en casa debido a una exposición a COVID-19, está experimentando síntomas de COVID-19 o se le ha diagnosticado COVID-19.

7. Gestión de los estudiantes expuestos a COVID-19

Las familias notificarán a las escuelas si su hijo tiene COVID-19 y estuvo en el recinto escolar durante el periodo infeccioso.

Las escuelas enviarán una notificación general a toda la comunidad escolar en los momentos de mayor transmisión de COVID-19 en la comunidad. Esta comunicación alertará a todos de la mayor posibilidad de estar expuestos al

COVID-19 debido al aumento de casos entre los miembros de la escuela y la comunidad, y recordará a todos que vigilen los síntomas y se hagan las pruebas.

Todos los estudiantes con exposición conocida a personas con COVID-19 deben seguir las recomendaciones del CDPH. Si permanecen sin síntomas, los estudiantes pueden seguir participando en todos los aspectos de la escolarización K-12, incluyendo deportes y actividades extracurriculares.

8. Notificación de COVID-19 a Salud Pública

Notificar a las autoridades sanitarias locales la carga de morbilidad en las escuelas puede ayudar a obtener recursos adicionales para gestionar la enfermedad y contener los brotes de transmisión.

Las escuelas informarán a Salud Pública del Condado de Mendocino de la escalada de la situación/brotes de COVID-19.

9. Gestión de los brotes de COVID-19

Las interrupciones amplias de la enseñanza presencial, como el cierre temporal de escuelas o aulas, debido al COVID-19 deben seguir siendo el último recurso y considerarse sólo después de haber agotado todos los recursos disponibles y sólo después de consultar con las autoridades sanitarias locales.

10. Formación del personal (Cal/OSHA)

Todo el personal recibió formación sobre seguridad COVID-19 al inicio del curso escolar 22-23 o en el momento de su contratación.

11. Mantener operaciones saludables (Cal/OSHA)

Las preocupaciones sobre la seguridad de COVID deben dirigirse al director del centro o al administrador apropiado, quien se asegurará de que todas las posibles exposiciones a COVID-19 se documenten y rastreen con el fin de notificar a los funcionarios de salud locales, al personal y a las familias de manera rápida y responsable.

Los empleados deben comunicar a su supervisor las preocupaciones relacionadas con COVID-19 sin temor a represalias. Responsabilidad y autoridad para la aplicación de este plan: Warren Galletti, Superintendente y Recursos Humanos (Cal/OSHA)

En general, la limpieza rutinaria basta para eliminar suficientemente de las superficies el virus que causa el COVID-19. Si se utilizan desinfectantes, utilice productos más seguros para el asma.

12. Caso confirmado de COVID-19 (Cal/OSHA)

Se ruega a los padres que notifiquen a la oficina del centro escolar si su hijo da positivo en la prueba de COVID-19. Los miembros del personal que tengan conocimiento de que un estudiante ha dado positivo en la prueba de COVID-19 deben ponerse en contacto inmediatamente con la oficina de su centro escolar. Cada escuela designará a una persona para trabajar como Enlace COVID-19 con Salud Pública y el Distrito.

Los miembros del personal que den positivo en la prueba de COVID-19 deben ponerse en contacto inmediatamente con el Departamento de Recursos Humanos y el administrador del centro.

13. Eventos y actividades escolares

Los bailes escolares, las grandes asambleas y otros acontecimientos escolares multitudinarios tienen el potencial de causar una propagación sustancial de COVID-19 dentro y fuera de la comunidad escolar. Por lo tanto, se anima a las escuelas a:

- Organice estos actos al aire libre siempre que sea posible.
- Se recomienda llevar mascarilla en todos los actos multitudinarios.

III. Enlaces a documentos de referencia

Departamento de Salud Pública de California Orientación escolar

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2022-23-School-Year.aspx>

CA Safe Schools for all Hub

<https://schools.covid19.ca.gov/>

CAL/OSHA

<https://www.dir.ca.gov/dosh/coronavirus/>

Página de pedidos de Salud Pública del Condado de Mendocino

<https://www.mendocinocounty.org/community/novel-coronavirus/health-order>

Tabla 1: Personas que deben aislarse

Personas que dan positivo en COVID-19	Medidas recomendadas
<p>Todas las personas, independientemente de su estado de vacunación, infección previa o ausencia de síntomas.</p> <p>Las personas en entornos sanitarios** deben seguir las recomendaciones y requisitos que se indican a continuación.</p>	<p>Permanezca en casa (PDF) durante al menos 5 días después del inicio de los síntomas (Día 0) o después de la fecha de la primera prueba positiva (Día 0) si no hay síntomas).</p> <ul style="list-style-type: none">• El aislamiento puede terminar después del Día 5 si.<ul style="list-style-type: none">○ Los síntomas no están presentes o son leves y están mejorando; Y○ No ha tenido fiebre durante 24 horas (sin utilizar medicamentos antifebriles).• Si hay fiebre, debe mantenerse el aislamiento hasta 24 horas después de que desaparezca.

	<ul style="list-style-type: none"> • Si los síntomas, aparte de la fiebre, no mejoran, siga aislando hasta que los síntomas mejoren o hasta después del día 10. • Si el caso confirmado presenta síntomas graves, o tiene un alto riesgo de padecer una enfermedad grave, o si tiene preguntas relativas a los cuidados, debe ponerse en contacto con su proveedor de atención sanitaria para que le indique los tratamientos disponibles. • Según las directrices de enmascaramiento del CDPH, las personas infectadas deben llevar una mascarilla bien ajustada alrededor de otras personas durante un total de 10 días, especialmente en interiores.* • Una vez finalizado el aislamiento, si los síntomas reaparecen o empeoran, hágase la prueba de nuevo y, si es positiva, reinicie el aislamiento en el Día 0.
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*Tras finalizar el aislamiento (no hay fiebre sin el uso de medicamentos antifebriles y los síntomas están mejorando), los casos confirmados pueden quitarse la mascarilla antes del día 10 si tienen dos pruebas secuenciales negativas con al menos un día de diferencia. Si los resultados de la prueba de antígenos son positivos, la persona puede seguir siendo infecciosa y debe seguir llevando mascarilla y esperar al menos un día antes de hacerse otra prueba.

Cuadro 2: Contactos estrechos - (Sin cuarentena)

Personas asintomáticas expuestas a alguien con COVID-19 (sin cuarentena)	Medidas recomendadas
<p>Todo el mundo, independientemente de su estado de vacunación.</p> <p>Las personas infectadas en los 30 días anteriores no necesitan</p>	<ul style="list-style-type: none"> • Prueba en los 3-5 días siguientes a la última exposición • De acuerdo con las directrices de enmascaramiento del CDPH, los contactos íntimos deben llevar una

someterse a pruebas, cuarentena o exclusión del trabajo a menos que presenten síntomas.

Las personas que trabajan en entornos sanitarios* deben seguir las recomendaciones y los requisitos que se indican a continuación.

mascarilla bien ajustada cuando estén cerca de otras personas durante un total de 10 días, especialmente en lugares cerrados y cuando estén cerca de personas con mayor riesgo de contraer la enfermedad grave por COVID-19 (consulte la sección de enmascaramiento más abajo para obtener información adicional).

- Se recomienda encarecidamente vacunarse o reforzarse.
- Si aparecen síntomas, realice pruebas y permanezca en casa (consulte la sección anterior sobre personas sintomáticas), Y
- Si el resultado de la prueba es positivo, siga las recomendaciones de aislamiento anteriores (Tabla 1).

En algunos lugares de trabajo, los empresarios están sujetos a la [Norma sobre Enfermedades Transmisibles por Aerosoles \(ATD\) de Cal/OSHA](#) y deben consultar dicha normativa para conocer los requisitos adicionales aplicables.